

CANFORD

SUMMER SPORTS ACADEMY

Monday 12th - Thursday 15th August 2019

RUGBY

Years 5-11

NETBALL

Years 5-11

HOCKEY

Years 5-11

ROWING

Years 5-11

TENNIS

Years 5-11

GOLF

Years 5-11

ATHLETICS

Years 5-11

MULTI-SPORTS

Years 5-7



COURSE DETAILS

SUMMER 2019

CANFORD SPORTS ACADEMY

Monday 12th - Thursday 15th August 2019

RUGBY

Years 5-11

SPECIALIST SPORTS - for boys and girls currently in Years 5-11*

NETBALL

Years 5-11

MULTI-SPORTS - for boys and girls currently in Years 5-7*

HOCKEY

Years 5-11

This summer, Canford will host its 4-day Summer Sports Academy led by the school's own sports coaches and visiting coaching staff.

ROWING

Years 5-11

Making use of the exceptional sporting facilities among 250 acres of grounds, Canford is the perfect setting for children to develop their sporting, teamwork and leadership skills.

TENNIS

Years 5-11

GOLF

Years 5-11

ATHLETICS

Years 5-7

MULTI-SPORTS

Years 5-7



SPECIALIST COACHES



Mark Burley
Director of Sport

Mark played first class rugby for Moseley and Pontypool and is one of only a handful of teachers to achieve the RFU Level IV coaching award.



Natasha Wilson
Assistant Director of Sport

18 years as a school coach with County, District and National success; County player in Tennis, Cross-Country, Swimming, Athletics and Netball.



Peter Short
Director of Rugby

Director of Rugby at Canford; former Exeter Chiefs, Bath Rugby, Leicester Tigers and RCNM Narbonne player. RFU Level III Coach and Bath EPDG Coach.



Matt Collison
Director of Hockey

Former Reading National League Player; Bath Buccaneers; L2 England Hockey Coach.



Ian Dryden
Director of Rowing

Coaching career includes Junior World Championships; Coupe de la Jeunesse; Mercantile Rowing Club, Melbourne, Australia; Cambridge University, 1994-2001.



Emma Bennett
Director of Tennis

Playing career achieved ETA and ITF rankings and represents the Dorset senior team. Emma is now a LTA Level 3 coach working with elite juniors across the South West.



Kelly Hanwell
PGA Professional

Playing career included winning the English Schools Championships; England U18 team. Coaching career includes Ladies' Academy at Al Badia GC, Dubai and Broadstone GC coaching players at all levels.

Lead coaches will be joined by additional specialists and Canford Sports staff during the course.

SPECIALIST SPORTS COURSES

There are six specialist sports to choose from. Pupils will be split into junior and senior groups according to experience.

RUGBY

Years 5-11

Players will focus on their specialist sport and will also have the chance to take part in additional activities, some of which may be water based **.

NETBALL

Years 5-11

- £225 - full course including lunch
- Places limited in each sport #
- Non-residential

HOCKEY

Years 5-11

* Children must be in the year group at the time of the course

** Please advise if your child cannot swim

Minimum numbers required to run each sport

ROWING

Years 5-11

TENNIS

Years 5-11

GOLF

Years 5-11

ATHLETICS

Years 5-7

MULTI-SPORTS

Years 5-7

PROGRAMME:

9.00am Registration at Assembly Hall

9.15am Core Sports Session 1

10.45am Refreshment Break

11.00am Core Sports Session 2

12.30pm Lunch

1.00pm Free Time

1.30pm Core Sports Session 3

2.45pm Refreshment Break

3.00pm Core Sports Session 4

4.30pm Warm Down

5.00pm Collection

On the final day there will be a tea provided for parents at collection with the chance to meet coaching staff.

MULTI-SPORTS COURSE

This course offers children the chance to take part in a range of different activities each day utilising the excellent facilities at Canford.

MULTI-SPORTS

Years 5-7



Each activity will last approximately an hour and a half. There will be a number of activities on offer each day plus a sport session. Some of these activities may be water based **.

- **£225 - full course including lunch**
- **Places are limited**
- **Non-residential**

For approximate timings, please see the programme on the right.

* Children must be in the year group at the time of the course

** Please advise if your child cannot swim

PROGRAMME:

- 9.00am** Registration at Assembly Hall
- 9.15am** Core Sports Session 1
- 10.45am** Refreshment Break
- 11.00am** Core Sports Session 2
- 12.30pm** Lunch
- 1.00pm** Free Time
- 1.30pm** Core Sports Session 3
- 2.45pm** Refreshment Break
- 3.00pm** Core Sports Session 4
- 4.00pm** Warm Down
- 5.00pm** Collection

On the final day there will be a tea provided for parents at collection with the chance to meet coaching staff.

TERMS AND CONDITIONS

Booking a Course

To book a place, please visit our online booking site:

www.canford.com/sports-academy

For more information please email: sportscourses@canford.com

What Happens Next

You will receive written confirmation by email of your child's place once the online booking confirmation has been received.

Full payment is taken online as part of the booking process.

Please note that places are allocated on a first come first served basis. Childcare Vouchers are an accepted payment for the course. If you would like to pay using this method, please contact our childcare voucher provider to arrange payment to Canford. Please note places will not be confirmed until payment has been received.

Confirmation and Payment

Bookings and payment must be made by persons over 18 years of age. The course fees include full tuition and activities programmes, lunch and course mementoes.

Dress Code and Equipment

A full kit list will be provided prior to the start of the course.

Arrival/collection

We request children arrive on time each day to ensure they fully benefit from the course. However, if your child arrives late to a session, there will be members of staff to guide them to the relevant venue. We appreciate that there may be slight delays in collection due to unforeseen circumstances. Please contact the staff directly if you know you are likely to be late. The earliest drop off time is 9.15am and the latest collection time is 5.00pm.

Insurance

To cover the possibility of injury, illness or cancellation, we strongly recommend that a personal insurance policy is taken out by all participants to cover these risks.

Cancellation

All bookings are non-refundable.

Health, Injuries and Liability

Sports are in their nature demanding of those who participate and the parents or guardians of all children participating in our events, and the children themselves, must ensure that they are in good physical condition and capable of engaging in the activity concerned. No child will be allowed to participate if he or she is suffering from any infectious or contagious illness, or physical conditions such as serious cuts, open sores or infections where there is a risk that his or her participation might be detrimental

to the health of others. Those on our courses must follow any advice or warnings given which relate to safety and security, including procedures for fire and evacuations. Canford School can have no liability for any personal injury, illness or death suffered by a participant on one of our courses, nor for any loss of or damage to property, unless caused by negligence on the part of the school or its employees.

Programme Changes

Canford will always try to meet the programme outlined, however we reserve the right to alter or cancel any courses or other arrangements under our control due to insufficient numbers or extreme circumstances.

Weather Conditions

Sports activities which are in the open may be affected by adverse weather and, whilst Canford School will endeavour to arrange alternative activities where that is possible, we can have no liability for refunds or otherwise if courses are cancelled, altered or curtailed due to adverse weather or other reasons beyond our control.

Welfare

Canford is committed to safeguarding and promoting the welfare of young people. The School complies with the DfES recommendations contained within the publication "Keeping Children Safe In Education" including the requirement for all staff to go through the Disclosure & Barring Service at Enhanced level, and Prohibition checks as well as Safer Recruitment procedures. There will be at least four members of staff on site at all times who are fully first aid trained. If your child has any allergies or is taking any medication during the day please inform us of these in writing and we will try our best to accommodate his or her needs.

You must complete a medical questionnaire for your child prior to the commencement of the course.

For your child's security you will be required to register with the relevant course leader, or deputy, on arrival each morning and to sign out when collecting them at the end of the day.

A no-smoking policy is in force across the whole campus.

Photography

We will be taking photographs during the course for our publicity purposes online. Shots may also be made available to those attending the course. No child will be named in any photographs but if you do not wish your child to be photographed at all, please contact the course organiser.



FOR FURTHER INFORMATION ABOUT THE EASTER
SPORTS ACADEMY, PLEASE CONTACT:

sportscourses@canford.com

TO BOOK A PLACE ON ANY OF OUR SPORTS COURSES VISIT

www.canford.com/sports-academy

SPORTS DEPARTMENT

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T: 01202 847484

www.canford.com/sport