Canford Round the World

The aim is to collectively get from Canford, around the World, as a community. A grand total of 24,901 miles or 40,075 km.

Any activity can count towards this goal, running, walking (with or without non-motorised walking aids), cycling or rowing.

Unfortunately, only running, cycling and swimming activities will automatically pull through to the Strava club leaderboard, please manually add activities to the table on the web page or email us to submit other activity types here (community@canford.com).

Please email community@canford.com with any questions. (Please use Canford Around the World as your subject heading).

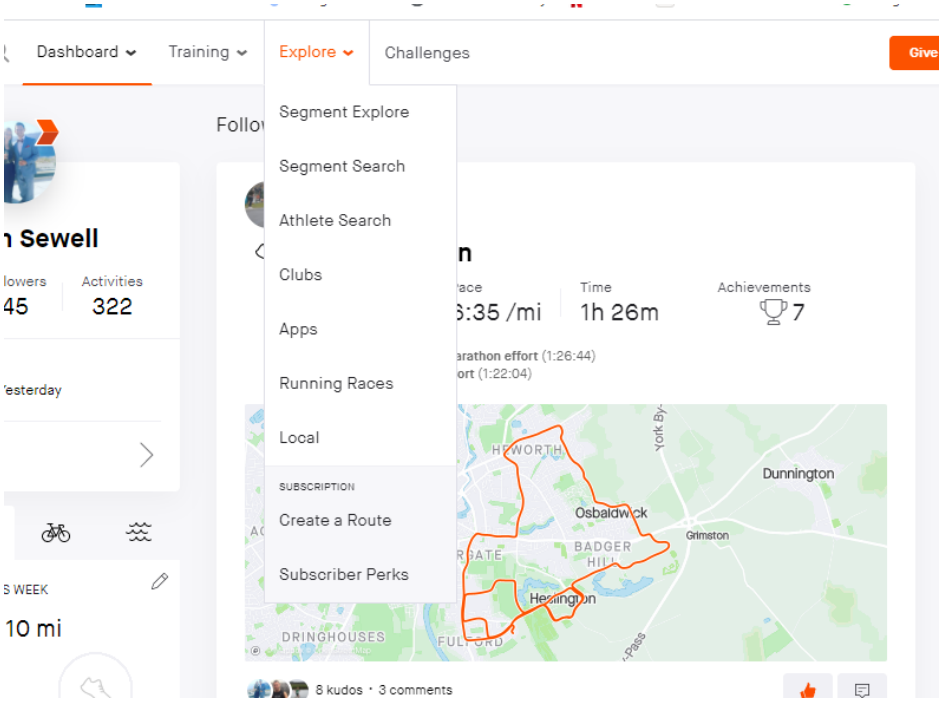
Please see below guidance on privacy settings. You may wish to set private zones and hide certain features of your activities, whilst still enjoying the challenge. **The privacy settings you choose on your Strava account are entirely up to you. Some privacy settings will prevent your activities being shown in the club page or in the leaderboard.** If you are unsure, please also submit your activity manually on the Canford event website activity form or email community@canford.com.

Strava Community joining instructions

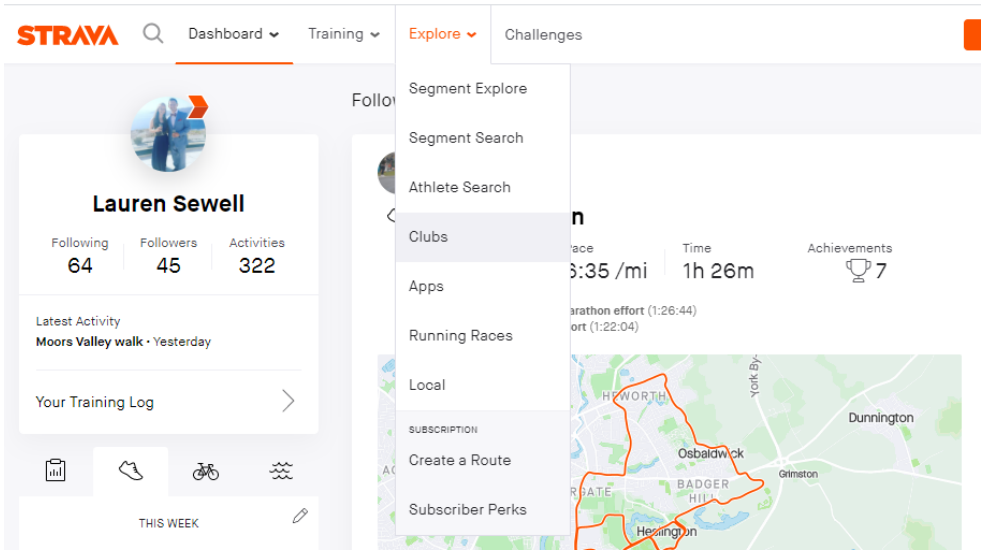
Strava is an external function that can be used to track your activities and automatically upload them without you having to send them in to us. **You do not have to have Strava to compete in this challenge!** If you would like to use Strava, you must set up an account with them first, before joining the Canford Community club within Strava.

Link to the Strava Canford Community Club: **https://www.strava.com/clubs/CanfordSCHL** (You click this link to go directly to the page and request permission to join the club)

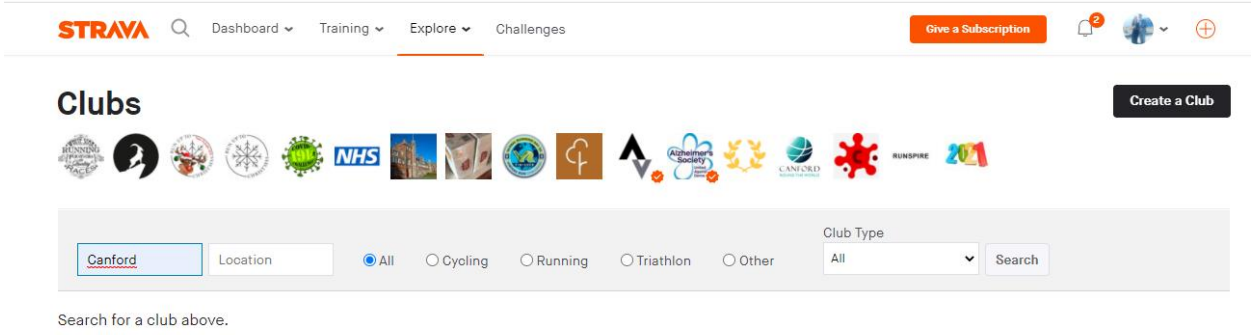
If you are a Strava user, click on 'Explore' on the horizontal toll bar at the top.



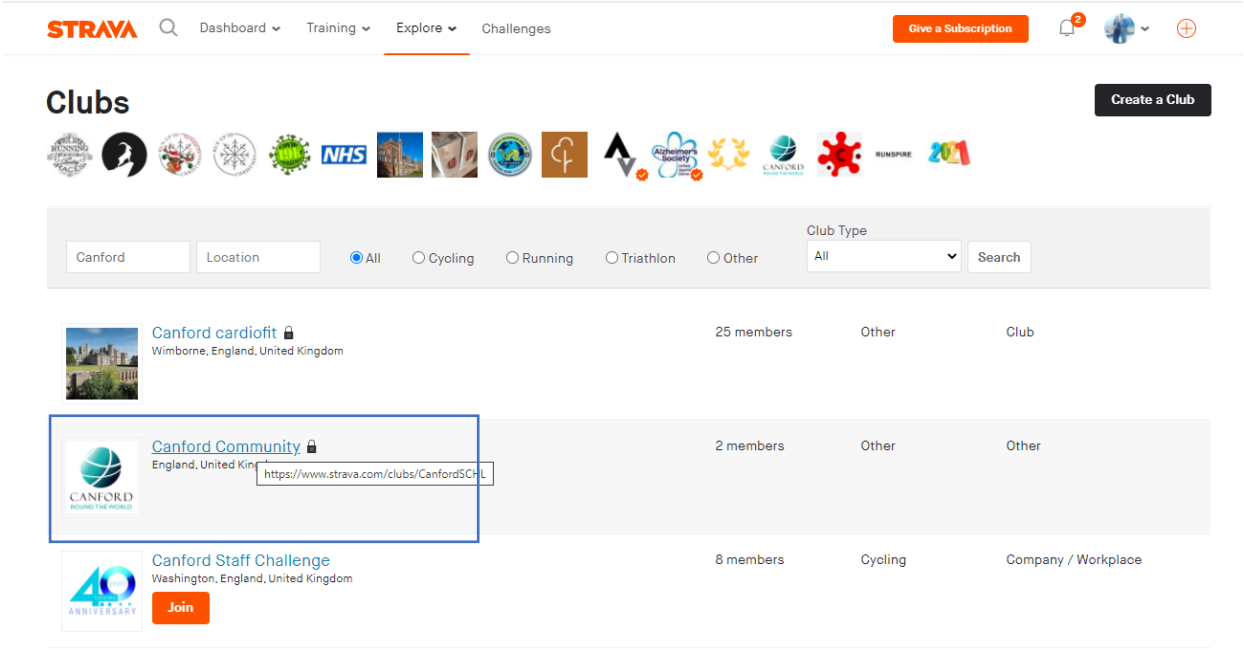
Then select ‘Clubs’ from the dropdown menu that appears.



Make sure the ‘All’ circle is ticked, then type ‘Canford’ into the Search box.

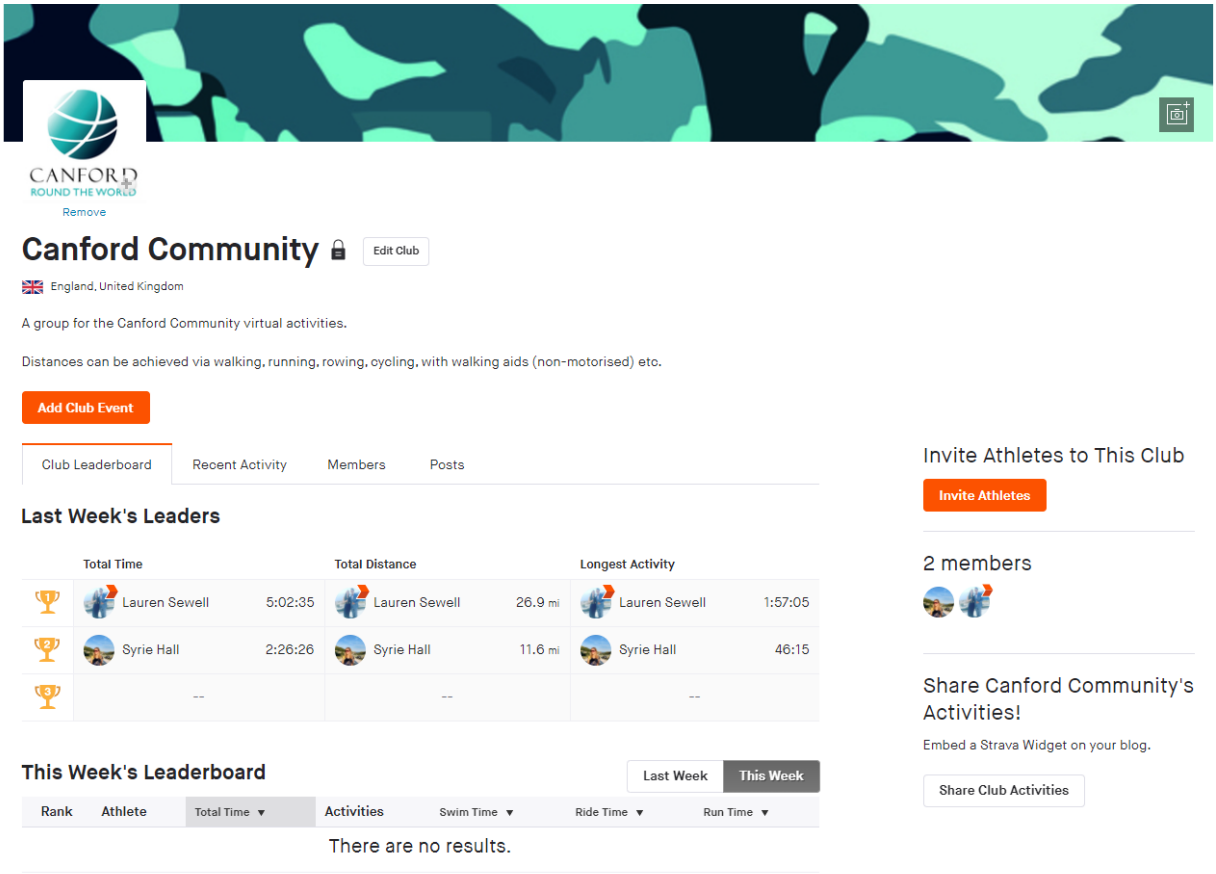


Click on ‘Canford Community’



Then select ‘request to join’

Your request will be approved and your Strava activities will automatically pull through into this club.



You can **post activities** to other Strava user-members of the Canford Community in here.

Photographs of your activity and you having fun doing them will brighten up the page.

The majority of functions can be completed using either the desktop page or **Strava app** but if in doubt, use the Strava desktop page.

You can link your Fitbit/Garmin/other tracker app to Strava to automatically sync and upload activities for you.

FAQs

1. **Why aren't my activities counting towards a Club leaderboard?**

There are several things that could prevent your activities from counting towards a Club leaderboard. Some common reasons are:

- Club leaderboards only include the top 100 athletes and the past week of data. If your totals are less than the 100th ranked athlete or your activities took place more than two weeks ago, you won't see yourself on the leaderboard. In larger clubs, the leaderboard may take at least six hours to update. Check back later if you're not seeing your activity counted towards your total on the leaderboard right away.
- **Activities viewable by only you** will **not** count towards your Club totals or appear in Club feeds.

    - You can learn more about managing your **activity's privacy controls here** (and see below).
- The activity may be **flagged**. You can see the flagged status of your activity in several places on the Strava website. On your Dashboard Feed, you will see the word 'Flagged' next to your activity title. Alternatively, if you navigate to the "Training" tab at the top of the page, then select "My Activities" you will see the flagged activities highlighted in red.
- The activity does not correspond to the Club's activity type.
    - Club leaderboards will include runs, rides, and swims. **Canford is an 'Other' club and will only show running, cycling or swimming activities in the leaderboard.**
- We are also aware of an issue where club leaderboards load incorrectly when newly loaded or refreshed. Try refreshing the club leaderboard page until your leaderboard totals match your profile totals for the matching club sport. Remember that if the club is large, the leaderboard will not be refreshed instantaneously.

2. **Privacy Settings** (see here for FAQs)

Creating a Privacy Zone

1. **On the Strava website:** go to your Settings page by hovering over your profile picture in the top right and selecting 'Settings.'
    - Click on the Privacy tab on the left side of the page.
    - Enter an address or GPS coordinate in the text field provided under 'Hide your house/office on your activity maps,'
    - Select the size of the privacy radius
    - Click 'Create Privacy Zone.'
2. **On the Strava mobile app**:
    - Select 'Profile' > 'Settings' (cog icon in the upper right-hand corner) > 'Privacy Controls.' Scroll down to select the 'Privacy Zones' option.
    - Select the 'Add' button in the upper right-hand corner.
    - Enter an address and select the size of the privacy radius
    - Click 'Save.'

Regenerate your Privacy Zone

- Select the option to 'Regenerate' your privacy zone to randomize the area that's hidden around the address you entered (allow a few moments for your activities to be updated).

How Privacy Zones Work:

The portion of your activity that starts or stops within your **Privacy Zone** will be hidden from other Strava athletes who view your activity. You will be able to see this portion of your activity, but other athletes will not.

- If you stop within or pass through a privacy zone during the middle of an activity, this portion will **not** be hidden.

- Your new or refreshed Privacy Zone will be automatically applied to all past and future activities.
- Only one Privacy Zone can be applied to the start or end point for each activity. Therefore if you have multiple overlapping Privacy Zones only one will be applied to each start or end point.
- If another athlete, including your followers, starts their activity from within your Privacy Zone, the portion that began in your zone will **not** be hidden on their activity.
- You will not appear on any segment leaderboard that starts/stops within your Privacy Zone.
- Your Privacy Zone will be respected when you share on other networks, such as Facebook.

I created a Privacy Zone but my activity isn't hidden.

You will still be able to see data inside your own Privacy Zone. To confirm what's hidden from others, you can display the privacy zone as a red circle on the map. From the map options menu, select the checkbox next to 'Show Privacy Zone.'